SCIENTIFICALLY PROVEN, NATURAL DRY EYE RELIEF
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CHANGING LIVES SINCE 2003
If you suffer from dry, irritated or allergy-prone eyes, you’re not alone. An estimated 30 million Americans report symptoms consistent with Dry Eye. The impact on your life can range from mild symptoms like feeling a foreign body sensation in your eye, to severe symptoms like the inability to wear contact lenses, nights of lost sleep, blurred vision, and constant irritation. Severe Dry Eye disease can affect your vision, concentration, health, and relationships.

At Eye Ecow, we’ve dedicated ourselves to providing relief to the millions of Americans who suffer from mild, moderate and severe dry eye. We offer natural, drug-free, and scientifically proven products that let you live your daily life without having to think about your Dry Eye.

OUR STORY
Eye Eco founder, Suzanne Paulson, was attending a consumer product review in 2002 when she learned about Sjogren’s syndrome, a chronic condition in which white blood cells attack and destroy the glands in the body that produce tears. Suzanne was moved by the patient stories and believed that she could help with one of the worst symptoms of the condition, severe Dry Eye. Using her 15 years of eye care knowledge and industry experience, Suzanne founded Eye Eco and began to pioneer solutions that have since helped thousands of Sjogren’s syndrome and other Dry Eye patients.

At Eye Eco, we believe eye health requires a holistic approach. Recent research has shown that many eye problems may be prevented through a long-term daily regimen. Aside from helping patients who have Dry Eye now, we want to spread the word that even patients that currently do not suffer from Dry Eye can take steps to protect their eyes and help prevent chronic Dry Eye from developing prematurely.

tranquileyes®
Eye Eco’s first product, tranquileyes®, was the first all-natural, drug-free treatment for dry eyes designed to work in tandem with other hydration aids (artificial tears). The response by patients was overwhelmingly positive. Since then, Suzanne and her team have worked to improve the original product, as well as develop further innovations in the therapeutic eye product field. Now, Eye Eco therapies for Dry Eye management are tested and recommended by thousands of eye doctors and are being used by tens of thousands of patients worldwide.
SCIENTIFICALLY PROVEN NATURAL PRODUCTS FOR DRY EYE RELIEF

OUR PROMISE
We at Eye Eco are proud to help Dry Eye patients find relief. All of our products are backed by a satisfaction guarantee. Please feel free to call us with any questions, comments or ideas. We would love to hear from you!

THE COMPANY
Eye Eco Inc., is a California-based company committed to developing innovative, natural and scientifically proven Dry Eye relief products and therapies.

We are also a company dedicated to giving back. Since day one, we have donated a percentage of our sales to the Sjögren’s Syndrome Foundation. We also give back to InfantSEE® and distribute wildflower seeds to help save the bees. Visit our website for more information on these important causes.

DRY EYE: ARE YOU AT RISK?
Many factors contribute to the development of Dry Eye including lifestyle, environment and physical condition. Understanding the causes is important to managing existing symptoms and in prevention. Some of the most common causes include:

AGE. Every day, more than 10,000 Americans reach age 55. Older patients are at an increased risk for Dry Eye.

GENDER. Women are twice as likely to develop Dry Eye than men. Hormone changes are one key reason for this finding.

LIFESTYLE. It is estimated people spend over 12 hours a day staring at a computer, tablet or phone daily. Any staring activity can contribute significantly to Dry Eye as you forget to blink.

ENVIRONMENT. This includes high altitude, airplane travel, air conditioning, forced air heating, wind, dust and smoke.

LID MARGIN DISEASE. This is especially true of Meibomian gland dysfunction and blepharitis.

MEDICATIONS. Some over-the-counter medications such as antidepressants, decongestants and oral antibiotics can contribute to Dry Eye symptoms.

MEDICAL AND SYSTEMIC CONDITIONS. This includes Sjögren’s syndrome, diabetes, rheumatoid arthritis and thyroid disease. Sleep apnea patients who use CPAP devices are also at risk for Dry Eye.

CONTACT LENS WEAR. While certain lens types may be better suited for Dry Eye sufferers, contact lens wear and products associated with contact lens wear can contribute to Dry Eye. Dry Eye management is important to successful contact lens wear.

OCULAR SURGERY. Surgical procedures, such as LASIK or cataract removal, can cause Dry Eye in patients with risk factors. For best surgical results, treat Dry Eye symptoms prior to surgery and manage any temporary Dry Eye following surgery.

Be sure to tell your eye doctor if you have any of these risk factors for Dry Eye disease.

SCIENTIFICALLY PROVEN NATURAL PRODUCTS FOR DRY EYE RELIEF

CONTROLLED MOIST-HEAT FOR MILD TO SEVERE DRY EYE RELIEF

HYDRATING EYELID AND FACIAL THERAPY

DAYTIME DRY EYE RELIEF FOR ALLERGIES, CONTACT LENS WEAR, AGED EYES DEFICIENT DRY EYE

MOISTURE RELEASE EYE WEAR

NIGHTTIME DRY EYE RELIEF FOR LAGOPHTHALMIC, COMPROMISED LID SEAL, CPAP USE
THE SCIENCE OF MOIST-HEAT THERAPY

DRY EYE THERAPY: WHY APPLYING MOIST-HEAT WORKS

For decades, eye doctors have recommended various home remedies to help relieve Dry Eye symptoms. These have included applying a warm wet wash cloth, rice in a sock, hot potatoes, or even a boiled egg over the eyelid margin for temporary relief. While well-intended, these methods have proven ineffective for long-term relief.1,2

Extensive research1,3 during the past few years has shown that to manage a variety of mild to severe ocular surface conditions, including Dry Eye, MGD (Meibomian Gland Dysfunction) and blepharitis, a moist heat compress needs to sustain temperatures between 102°F and 108°F Fahrenheit for up to 20 minutes. Moist heat can also help prevent the premature development of scarring conditions and can lead to a more comfortable and less compromised vision.

In a healthy eye, the Meibomian glands secrete oil every time you blink. In the most typical type of Dry Eye, which is MGD, the critical oils become clogged. When this occurs, the fluid coming out of the glands becomes the consistency of toothpaste instead of the desirable consistency of olive oil. Moist heat therapy stimulates tear production by pulling circulation, speeding heat transfer, and loosening the oils so that they return to their healthy state. Additionally, the humidity associated with moist-heat therapy stabilizes tear film and hydrates the sensitive eyelid and surrounding skin.1,2,4

THE KEY TO AN EFFECTIVE MOIST-HEAT THERAPY IS IN THE SCIENCE

Approximately 50% of people with Dry Eye or MGD have a mild condition which requires up to 15 minutes of controlled temperature to relieve their symptoms. Moderate to severe patients require 10-20 minutes. An eye doctor specializing in Dry Eye can help you determine what type of Dry Eye you have.

**Moist Heat vs. Dry Heat**

The eyelid is the thinnest skin in the human body. Research has indicated that if you have Dry Eye, you might also have dry skin. We recommend always applying moist heat to the lid margin, never dry heat.

**Moist Heat**

- Speeds heat transfer
- Loses the oils in Meibomian glands
- Increases relative humidity to help stabilize tear film
- Slows tear evaporation
- Promotes circulation
- Penetrates deeply, hydrating the eyelid and surrounding skin

**Dry Heat**

- Fulls moisture away from the eyelid and sensitive surrounding skin
- Decreases relative humidity
- Increases instability of tear film
- Premature ages the skin

For complete catalog please email us at info@eyeeco.com